

Announcement of
Spring Funtastics 2020

A Competition For Beginning Skaters, Excel Skaters,
IJS Elements Skaters,
And An Artistic Competition for All Levels
Saturday, April 18 2020

The Apex Ice Center - (303) 403-2598
13150 W. 72nd Avenue, Arvada, Colorado 80004

Sponsored by the Alpine Skating Club
Sanctioned by US Figure Skating

Chief Referee – Michelle Zeles-Hahn
Co-Chief Accountants – Connie Schamaun



Purpose - To promote an introductory, competitive experience for the beginning skater, the Excel skater, including IJS Elements events, a creative figure event and a fun experience for all levels as they perform a theatrical routine.

General Rules - Wherever applicable, the rules of the USFSA will apply. All other rules will be outlined in this announcement. The competition is open to all skaters who are eligible members of US Figure Skating. All skaters must compete at the same level in all events. This competition will be judged using the 6.0 system of judging or IJS where indicated.

Entries - All Entries must be received online through Entryeeze no later than Saturday, March 14, 2020.

Please Note: If space is available, late entries will be accepted at the discretion of the registrar and the chief referee. A \$35 late entry fee will be assessed. **Entry form changes made after the entry closing date will be assessed a \$30 change fee (\$50 the week of the competition if approved by the Chief Referee).** PLEASE CHECK YOUR ENTRY CAREFULLY WITH YOUR COACH

BEFORE ENTERING. Changes requested after the entry deadline may be made at the discretion of the competition committee, but are not guaranteed.. Anyone not submitting their PPC and music by April 4th will be assessed a \$25 administrative fee each that will be collected online or at the registration desk before the skater is allowed to skate.

Entry Fees -

Basic Skills/Figures*	First Singles Event		\$70.00
Excel Events – 6.0			
Additional Singles Events	(Per event)		\$30.00
First IJS Event			\$80.00
Additional IJS Events			\$40.00
Showcase*	First Artistic Event	(Per person)	\$65.00
	Additional Event	(Per person)	\$30.00

Early Bird Discount: \$10.00 off if entries and payment are received by Feb. 22nd

*If also doing the singles events, the cost for showcase and a figure event will be \$30 as an additional event.

Online Registration and Credit Card Payment is required through Entryeze at <http://comp.entryeze.com/Home.aspx?cid=230>

Questions should be directed to: Carol Zeles (303) 979-0802, cell – (720) 219-0927 or cmzeles@aol.com

(No phone calls before 8:00 am or after 9:00 pm, please)

Refund Policy

Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals.

General Information

Age Requirements - All ages are as of April 18, 2020. All event levels follow the age restrictions in the current USFS Rulebook unless new age restrictions will be in effect.

The committee reserves the right to limit the number of entries due to time constraints and to combine male and female skaters when needed to have an event. In Showcase events, where no competition exists at a level, levels may be combined. Music for the freeskating portion of all

divisions must be provided by skater and submitted on the website. Backup music must be available rink side should unexpected issues occur..

All skaters must be full members of US Figure Skating. There will be no refunds after close of entries.

Facilities

The Apex Ice Center has 2 indoor ice surfaces, each measuring 200' x 85' with rounded edges. An Aquatic Center (3 swimming pools with slides and play area), exercise facilities and day care center are also available on site at a daily rate, which will be discounted for competitors and their families. Spectator seating is available. No admission will be charged.

Video/Photo

We are not planning to have either service available. We will provide a backdrop and awards stands so that parents can video and photograph their own children. We are looking to provide on ice photos. We will attempt to notify all competitors if we have an on-ice photographer.

Liability

U.S. Figure Skating, Mile High Figure Skating Association, Alpine Skating Club and The Apex Ice Center accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

Locker Rooms and Changing Areas

Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for athletes 11 years old and younger that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy and the SafeSport Handbook (both found on the U.S. Figure Skating SafeSport page).

Important Notice For All Coaches

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must meet the following requirements:

Coaching U.S. Figure Skating athletes:

- Current member in good standing with U.S. Figure Skating
- Background check successfully passed (green light status)
- Completed SafeSport Training*
- Continuing Education Requirements (CERs) for the current season

- Proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate

Coaching Compete USA athletes:

- Learn to Skate USA Instructor membership OR U.S. Figure Skating full membership
- Completed SafeSport Training* (for coaches/instructors 18 years old and over)
- Background check successfully passed (for coaches/instructors 18 years old and over)
- Learn to Skate USA Instructor Certification completed OR U.S. Figure Skating compliant coach (for coaches under 18 years old)

*SafeSport training is available through www.usfsaonline.org for full members of U.S. Figure Skating (through Learn to Skate USA portal for instructors). There is no cost to this training.

The LOC will have a list of compliant coaches who are approved to receive a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential. There can be no exceptions to this policy. If a foreign coach has only foreign athletes at your competition, a background check and SafeSport Training is not required. Instead, the coach must submit a letter from their Federation stating they are a member in good standing.

For more information regarding Coach Compliance, please visit:

<http://usfsa.org/content/Coaches%20Requirements%20Chart.pdf>

Practice Ice

Practice ice for the competition will be available the morning of the competition. The fee for each session will be \$16 per skater/singles/pairs/duets, and will be available to make selections as soon as practice ice is set up. All practice ice should be requested and paid for during on line registration. Additional sessions may become available during the day as our schedule permits.

Awards

Presentation of awards will immediately follow the posting of results. Medals will be awarded to 1st through 4th place finishers in all events with the exception of the Pre-Preliminary and below events which will award medals to 1st through 6th place.

Contact Information

If you have questions, please contact Carol Zeles by email: cmzeles@gmail.com or by phone 303-979-0802 after 9am but not later than 9pm. For practice ice questions, please contact Clara Artymovich by email: cartymovich@gmail.com.

Hospitality

There will be separated, designated hospitality areas for both officials and coaches.

Official Notices

An official site will be maintained near the registration desk at Apex Ice Arena. It is the responsibility of each skater, parent and coach to check to make sure there are no changes or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event.

JUDGING SYSTEM:

The International Judging System (IJS) will be used for the following events:

Excel Free Skate: All levels

Short program events: Juvenile – Senior

Specialty singles events:

Spins: All levels

Jumps: All levels

All competitors in IJS Excel Free skate and Short Program events are required to submit their Planned Program Content (PPC) form online through EntryEeze registration by April 4, 2020. Any PPC not submitted by the PPC deadline will automatically be assessed a \$25 fee.

6.0 Majority will be used for the following events:

Artistic

Special Olympics

Specialty singles event:

Compulsories: All levels

Creative figures

LTS USA Events: Elements, Compulsories, Free Skate, Artistic

COMPETITION EVENTS

See current rulebook or click links below for current rules and requirements for 2020-2021 season.

SINGLES FREESKATE & SHORT PROGRAM EVENTS	
Excel Free Skate (all Plus levels and Juvenile – Senior)	IJS
Excel Free Skate (Beginner – Pre-Juvenile)	6.0
Short Program (2020-2021)	IJS
SPECIALTY EVENTS	
Compulsory Moves (No Test - Senior)	6.0
Excel Compulsory Moves (Excel Beg - Excel Preliminary)	6.0
Adult Compulsory Moves (Beginner - Masters Jr/Sr)	6.0
Jumps Challenge (Beginner - Senior)	IJS
Adults Jump Challenge (Beginner - Masters Jr/Sr)	IJS
Spins Challenge (Beginner - Senior) <i>*see additional rules below</i>	IJS
Adult Spins Challenge (Beginner - Masters Jr/Sr)	IJS
SHOWCASE EVENTS	
Dramatic Entertainment (No Test - Senior, Adult) <i>*see additional rules below</i>	6.0
Light Entertainment (No Test - Senior, Adult) <i>*see additional rules below</i>	6.0
Duets (No Test - Senior, Adult) <i>*see additional rules below</i>	6.0

SPECIAL OLYMPICS - Open to levels 1 through 6. Elements are as per current Special Olympics Rulebook. If no competition exists, exhibitions for Special Olympians will be allowed.

CREATIVE FIGURE EVENT:

Skaters will perform a figure of their own design, or one from the historical collection of figures skated in the early 20th century. The design may include brackets, counters, rockers, loops, 3 turns, cross-cuts, or any combination of these. The skater will skate the design 2 times on each foot and attempt to trace it as exactly as possible. The figure will be evaluated on creativity, cleanliness of turns, tracing, symmetry, and performance.

IJS RULES FOR SPIN EVENT

- No spin may have a flying entry unless stated
- Each spin is leveled independently from the other spins (features will be counted once per spin, not once per program)

- Level requirements will follow rules as stated in the ISU Technical Handbook and accompanying US Technical Notifications
 - No Test – Pre-Preliminary: Max level 1
 - Preliminary – Pre-Juvenile & Adult Silver: Max level 2
 - Adult Gold: Max level 3
 - Juvenile and above & Adult Masters: Max level 4

COLORADO SHOWCASE EVENTS

Dramatic Entertainment Event

- Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions.
- Props and scenery are permitted

Light Entertainment Event

- Programs should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and Scenery are permitted

Duet Event

- Duets are theatrical or artistic performances by any competitors.
- Props and scenery are permitted.

General Event Parameters for all Showcase Events:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline.
3. Levels may be combined if the number of entries warrant.
4. Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

RULES AND REQUIREMENTS

Showcase events offered for all levels: Beginner, High Beginner, No test, Pre Prelim through Senior & all Adult levels (Compete USA Artistic events will also be offered as part of Compete USA events)



2020 Skate Colorado Compete USA Series

<p style="text-align: center;">Aspen Invitational (Lewis Arena) Date: December 6-7, 2019 www.aspenfigureskatingclub.com 0861 Maroon Creek Rd Aspen, CO Competition Chair: Janette Buchanan janettebuchanan@yahoo.com (650) 465-1720</p> <p style="text-align: center;">Competition Application Deadline: October 25, 2019</p>	<p style="text-align: center;">Denver Invitational (South Suburban) Date: March 14-15, 2020 www.denverfsc.org 6580 So. Vine Street Centennial, CO 80121 Competition Chair: Lisa May lisa@denverfsc.org (720) 272-0290</p> <p style="text-align: center;">Competition Application Deadline: Feb 2, 2020</p>
<p style="text-align: center;">Ft. Collins Classic (EPIC) Date: April 2-5, 2020 www.fortcollinsfsc.org 1801 Riverside Fort Collins, CO 80525 Competition Chair: Kelly Cann kelly.cann79@gmail.com (970) 237-9842</p> <p style="text-align: center;">Competition Application Deadline: March 2, 2020</p>	<p style="text-align: center;">Funtastics (APEX) Date: April 18, 2020 www.alpinesc.org 13150 W 72nd Ave Arvada, CO 80005 Competition Chair: Carol Zeles cmzeles@gmail.com (303) 979-0802</p> <p style="text-align: center;">Competition Application Deadline: March 7, 2020</p>
<p style="text-align: center;">Colorado College Cup (Honnen Ice Arena) Date: May 10, 2020 http://www.coloradocollege.edu/other/honnen 14 Cache La Poudre St. Colorado Springs, CO 80903 Competition Chair: Linda Alexander/Donna Schoon lalexander@coloradocollege.edu or dschoon499@gmail.com (719) 389-6156</p> <p style="text-align: center;">Competition Application Deadline: April 12, 2020</p>	<p style="text-align: center;">Front Range Invitational (Greeley Ice Haus) Date: June 6, 2020 www.mountainviewskatingclub.com 900 8th Avenue Greeley, CO 80633 Competition Chair: Melayna Rael cmrael@comast.net (970) 302-4253</p> <p style="text-align: center;">Competition Application Deadline: May 17, 2020</p>
<p style="text-align: center;">Broadmoor Open (World Arena) Date: June 21, 2020 www.broadmoorskatingclub.com 3185 Venetucci Blvd Colorado Springs, CO 80906 Competition Chair: Barbara Bradley HoneyB23@aol.com 719-540-5655</p> <p style="text-align: center;">Competition Application Deadline: April 30, 2020</p>	<p style="text-align: center;">Colorado Springs Invitational (Monument Ice Rinks) Date: September 13, 2020 www.centennialskatingclub.org 16240 Old Denver Highway Monument, CO 80132 Competition Chair: Lisa Landon Lisa_landon@comcast.net (719) 659-0912</p> <p style="text-align: center;">Competition Application Deadline: Aug 7, 2020</p> <p style="text-align: center;">*** All 2020 Skate Colorado Compete USA Competition Series awards will be presented at the conclusion of this competition ***</p>

MISSION STATEMENT: To provide an opportunity for Colorado skaters to develop their skating skills in a fun, competitive environment.

AWARDS: During the competition season, skaters and teams/clubs will have the chance to compete at 8 different competitions and earn points for a final standing. *Trophies and medals will be awarded at the conclusion of the Skate Colorado Compete USA competition at the 2020 Colorado Springs Invitational.*

*Skate Colorado Compete USA Series Team Banner (3x4) – 1st, 2nd, and 3rd place banners will be awarded to the club/skating school with the most points scored throughout the entire series (all 8 competitions) by skaters representing that club/skating school (points for clubs and skating schools located at the same rink will be added together to enhance and create more of a “team” concept). Points will be awarded based upon the same system as the individual points. **Only the top 10 team members’ OVERALL scores FOR THE ENTIRE SEASON (including move up points) will count toward the team points for the determination of the team trophy.** Tie breakers will be the same as the individual tie breakers.*

Free Skate Program and Elements/Compulsory Series Point System

A skater must enter **BOTH** the Free skate Program **AND** the Elements/Compulsory event **IN THE SAME LEVEL** in each of at least TWO of the **EIGHT** registered Skate Colorado Compete USA Competitions to be eligible for accumulating points. Skaters must compete in a minimum of 2 competitions. **Only up to the best 4 scores (free skate and compulsory/elements added together) of the season will be totaled for the final score in the series.** Each event will have a maximum of six skaters. Both youth and adults may accumulate points!

The system for scoring points for the trophies will be as follows:

1 st place	6 points
2 nd place	5 points
3 rd place	4 points
4 th place	3 points
5 th place	2 points
6 th place	1 point

** A skater will earn three points toward their overall standing each time the skaters enters a level that is higher than the level competed in at the previous competition throughout the duration of the series. In order to keep the extra three points he/she must compete in that level or higher in all subsequent competitions. Move up points will be awarded for all 8 series events (even though the event point scores may not be one of the final four best scores).*

In the event that there is only one skater in an event, the skater will have the choice to skate alone OR move up a level to compete against other skaters, **HOWEVER, THE SKATER WILL HAVE TO MOVE UP IN BOTH THE ELEMENTS/COMPULSORY MOVES AND THE PROGRAMS W/MUSIC EVENTS.** In this case, those skaters will be allowed to move back to their original level to compete at the next competition and shall not be awarded the 3 point move up credit.

If an event has 2-6 skaters, the points will be awarded as if there were six skaters in the group. If there is only one skater in the group, that skater will be awarded three points.

In case of a tie, the total number of skaters that the competitor has skated against throughout the series (all competitions and not just the competitions with the 4 best scores) will be the 1st tie breaker. The total score for all free skate events during the season will be the 2nd tie breaker, the

total score for all compulsory events during the season will be the 3rd tie breaker, and the number of levels increased throughout the season will be the 4th tie breaker.

All points follow the skater throughout the series, so if a skater moves up to higher levels, the points follow the skater. Once a skater moves up a level, they may not compete at a lower level unless they moved up as a result of having no other skaters in their group.

Trophies will be awarded 1-3 in each level from Snowplow Sam through Free Skate 6 and Adult 1-6. The trophies will be awarded to the skaters at their level as of the last competition in which they compete.

Rules and Format:

COMPETITION ANNOUNCEMENT

The **Skate Colorado Compete USA Series** is sponsored equally by the **8** participating ice rinks and/or U.S. Figure Skating member clubs. Competition packages will be available at all participating ice rinks and/or via the club or rink websites. Each competition will have its own entry forms and specific rules so please make sure to read the entire announcement for each competition.

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Learn to Skate USA Program/Club or any other Learn to Skate USA Program/Club.

Eligibility will be based on skill level as of the closing date of entries.

All Snowplow Sam through Basic 6 skaters are eligible to skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition and **NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.**

All Pre-Free Skate through Free Skate 6 skaters are eligible to skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition. **Skaters may have passed Pre-Preliminary MITF and no higher, Preliminary Dance and no higher, and may NOT have passed any U.S. FIGURE SKATING free skate tests.**

It is very important to the success of the series that skaters are placed in the correct divisions. If, for whatever reason, the local organizing committee and/or their Chief Referee discover that a skater has been placed in a category that is below their class level, the chair and referee will have the option to move the skater to the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.

Elements: Snowplow Sam – Basic 6

Format: Each skater will perform one element at a time in the order listed below (no excessive connecting steps or choreography)

- To be skated on ½ ice, no music
- **All elements must be skated in the order listed – no additional elements are allowed**
- **The skater must demonstrate** the required elements as described
- **Each element may only be attempted once**
- Time: 1:00 MAX

Compulsory: Pre-Free Skate – Free Skate 6 and Adults 1-6

Format: In program form, using a **limited number** of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice, no music
- **The skater must demonstrate** the required elements as described
- **Each element may only be attempted once**
- **May use any additional elements from previous levels as connecting steps.**
- **Bonus skills from the same level or below are allowed but will not be judged elements**
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 MAX Pre-Free Skate – Free Skate 6; 1:30 MAX Adult 1-6

Programs with Music: Snowplow Sam – Basic 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on full ice
- Vocal music is allowed
- **The skater must demonstrate** the required elements as described and may use any additional elements from their current level or a previous level
- **Bonus skills from the same level or below are allowed but will not be judged elements**
- If the description of a required move states the direction of the element or the placement of the free leg, then options are **NOT** allowed
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:10 MAX

Programs with Music: Pre-Free Skate – Free Skate 6 and Adult 1 – 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- To be skated on full ice
- Vocal music is allowed.
- **The skater must demonstrate** the required elements as described and may use, but is not required to use, any additional elements from their current level (including bonus elements) or a previous level
- **Bonus skills from the same level or below are allowed but will not be judged elements**
- If the description of a required move states the direction of the element or the placement of the free leg, then options are **NOT** allowed
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:40 MAX

Required Descriptions for Elements & Compulsories

Level	Skating rules / standards	Level	Skating rule/ standards
Snowplow Sam	<ul style="list-style-type: none"> March followed by a two-foot glide and dip Forward two-foot swizzles, 2-3 in a row Forward snowplow stop Backward wiggles, 2-6 in a row 	Free Skate 3	<ul style="list-style-type: none"> Alternating Mohawk/crossover sequence, right to left and left to right Waltz three-turns, 2 sets clockwise and 2 sets counterclockwise Advanced back spin with free foot in crossed leg position – minimum 3 revolutions Loop jump Waltz jump/toe loop or Salchow/toe loop jump combination
Basic 1	<ul style="list-style-type: none"> Forward two-foot glide and dip Forward two-foot swizzles, 6-8 in a row Beginning snowplow stop on two-feet or one-foot Backward wiggles, 6-8 in a row 	Free Skate 4	<ul style="list-style-type: none"> Forward power 3's, 2-3 consecutive sets, right or left Sit spin - minimum 3 revolutions Half loop jump (Euler) Flip jump
Basic 2	<ul style="list-style-type: none"> Forward one-foot glide (no variations), either foot Scooter pushes, right and left foot, 2-3 each foot Moving snowplow stop Two-foot turn in place, forward to backward Backward two-foot swizzles, 6-8 in a row 	Free Skate 5	<ul style="list-style-type: none"> Backward outside three-turn, Mohawk (backward power three-turn), both directions Camel spin - minimum 3 revolutions Waltz jump - loop jump combination Lutz jump
Basic 3	<ul style="list-style-type: none"> Beginning forward stroking showing correct use of blade Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive Forward slalom Moving forward to backward two-foot turn on a circle Beginning backward one-foot glide, either foot 	Free Skate 6	<ul style="list-style-type: none"> Forward power pulls, minimum 3 on each foot Camel, sit spin combination - minimum of 4 revolutions total Waltz jump/Euler (half loop)/ Salchow jump combination Beginning Axel jump: minimum requirement is a clear attempt either stationary or moving
Basic 4	<ul style="list-style-type: none"> Forward outside edge on a circle, clockwise or counter clockwise Forward crossovers, 4-6 consecutive, clockwise and counterclockwise Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive Backward one-foot glides (no variations), right and left Beginning two-foot spin, max 4 revolutions 	Adult 1	<ul style="list-style-type: none"> Forward marching Forward two-foot glide Forward swizzle (4-6 in a row) Forward snowplow stop – two feet or one foot
Basic 5	<ul style="list-style-type: none"> Backward outside edge on a circle, clockwise or counterclockwise Backward crossovers, 4-6 consecutive, clockwise and counterclockwise Forward outside three-turn, right and left Advanced two-foot spin, min 4 revolutions Hockey stop 	Adult 2	<ul style="list-style-type: none"> Forward skating across the width of the ice Forward one-foot glides Forward slalom Backward skating Backward swizzles, 4-6 in a row
Basic 6	<ul style="list-style-type: none"> Forward inside three-turn, right and left Bunny Hop Basic forward spiral on a straight line (no variations), right or left Beginning one-foot spin, max 3 revolutions, optional free leg held position and entry T-stop, right or left 	Adult 3	<ul style="list-style-type: none"> Forward stroking using the blade properly Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise Forward chasses on a circle, clockwise and counterclockwise Backward skating to a long two-foot glide Backward snowplow stop, right and left
Pre-Free Skate	<ul style="list-style-type: none"> Forward inside open Mohawk from a standstill position (R to L and L to R) Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise Basic one-foot upright spin, optional entry and free-foot position - minimum 3 revolutions Mazurka Waltz jump 	Adult 4	<ul style="list-style-type: none"> Forward outside edge on a circle, right and left Forward inside edge on a circle, right and left Forward crossovers, clockwise and counterclockwise Hockey stop, both directions Backward one-foot glides, right and left
Free Skate 1	<ul style="list-style-type: none"> Forward stroking, 4-6 consecutive powerful strokes Backward outside three-turns, right and left One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions Toe loop Half flip jump 	Adult 5	<ul style="list-style-type: none"> Backward outside edge and backward inside edge on a circle, right and left Backward crossovers, clockwise and counterclockwise Forward outside three-turn, right and left Beginning two-foot spin (min 2 revolutions)
Free Skate 2	<ul style="list-style-type: none"> Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis Backward inside three-turns, right and left Beginning back spin – max 2 revs Half Lutz Salchow jump 	Adult 6	<ul style="list-style-type: none"> Forward stroking with crossover end patterns Backward stroking with crossover end patterns Forward inside three-turn, right and left T-stop Lunge Two-foot spin into one-foot spin (min 2 revs on 1 foot)

Required Descriptions for Programs with Music

Level	Skating rules / standards	Level	Skating rule/ standards
Snowplow Sam	<ul style="list-style-type: none"> March followed by a two-foot glide and dip Forward two-foot swizzles, 2-3 in a row Forward snowplow stop Backward wiggles, 2-6 in a row 	Free Skate 3	<ul style="list-style-type: none"> Alternating Mohawk/crossover sequence, right to left and left to right Advanced back spin with free foot in crossed leg position, (minimum 3 revolutions) Loop jump Waltz jump-toe loop or Salchow-toe loop jump combination NOT ALLOWED – Waltz/Loop combination
Basic 1	<ul style="list-style-type: none"> Forward two-foot glide and dip Forward two-foot swizzles, 6-8 in a row Beginning snowplow stop on two-feet or one-foot Backward wiggles, 6-8 in a row 	Free Skate 4	<ul style="list-style-type: none"> Forward power 3's, 2-3 consecutive sets, right or left Sit spin - minimum 3 revolutions Half Loop jump (Euler) Flip jump NOT ALLOWED – Waltz jump/Half Loop/Salchow combination
Basic 2	<ul style="list-style-type: none"> Forward one-foot glide, either foot Scooter pushes, right and left foot, 2-3 each foot Moving snowplow stop Two-foot turn in place, forward to backward Backward two-foot swizzles, 6-8 in a row 	Free Skate 5	<ul style="list-style-type: none"> Backward outside three-turn, Mohawk (backward power three-turn), both directions Camel spin - minimum three revolutions Waltz - loop jump combination Lutz jump
Basic 3	<ul style="list-style-type: none"> Beginning forward stroking showing correct use of blade Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive Forward slalom Moving forward to backward two-foot turn on a circle Beginning backward one-foot glide, either foot 	Free Skate 6	<ul style="list-style-type: none"> Creative step sequence using a variety of three turns, mohawks, and toe steps Camel, sit spin combination - minimum of 4 revolutions total Waltz jump/Euler (half loop)/ Salchow jump combination Beginning Axel jump: minimum requirement is a clear attempt either stationary or moving
Basic 4	<ul style="list-style-type: none"> Forward outside edge on a circle, clockwise or counter clockwise Forward crossovers, 4-6 consecutive, clockwise and counter clockwise Backward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive Backward one-foot glides (no variations), right and left Beginning two-foot spin, max 4 revolutions 	Adult 1	<ul style="list-style-type: none"> Forward marching Forward two-foot glide Forward swizzle (4-6 in a row) Forward snowplow stop – two feet or one foot
Basic 5	<ul style="list-style-type: none"> Backward outside edge on a circle, clockwise or counterclockwise Backward crossovers, 4-6 consecutive, clockwise and counter clockwise Forward outside three-turn, right and left Advanced two-foot spin, min 4 revolutions Hockey stop 	Adult 2	<ul style="list-style-type: none"> Forward skating across the width of the ice Forward one-foot glides Forward slalom Backward skating Backward swizzles, 4-6 in a row
Basic 6	<ul style="list-style-type: none"> Forward inside three-turn, right and left Bunny Hop Basic forward spiral on a straight line (no variations), right or left Beginning one-foot spin, max 3 revolutions, optional entry and free leg held position T-stop, right or left 	Adult 3	<ul style="list-style-type: none"> Forward stroking using the blade properly Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise Backward skating to a long two-foot glide Forward chasses on a circle, clockwise and counterclockwise Backward snowplow stop, right and left
Pre-Free Skate	<ul style="list-style-type: none"> Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counter clockwise Basic one-foot upright spin, optional entry and free-foot position (minimum 3 revolutions) Mazurka Waltz jump NOT ALLOWED – Waltz jump, side toe hop, waltz jump 	Adult 4	<ul style="list-style-type: none"> Forward outside edge on a circle, right and left Forward inside edge on a circle, right and left Forward crossovers, clockwise and counterclockwise Backward one-foot glides, right and left Hockey stop, both directions
Free Skate 1	<ul style="list-style-type: none"> Forward power stroking, 4-6 consecutive powerful strokes One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions Toe loop jump Half flip jump NOT ALLOWED – Waltz jump/Toe Loop combination 	Adult 5	<ul style="list-style-type: none"> Backward outside edge on a circle, right and left Backward inside edge on a circle, right and left Backward crossovers, clockwise and counterclockwise Forward outside three-turn, right and left Beginning two-foot spin
Free Skate 2	<ul style="list-style-type: none"> Alternating forward outside spiral (right and left) and inside spiral (right and left) on a continuous axis Beginning back spin, max 2 revolutions Half Lutz jump Salchow jump NOT ALLOWED – Salchow/Toe Loop combination 	Adult 6	<ul style="list-style-type: none"> Forward stroking with crossover end patterns Backward stroking with crossover end patterns Forward inside three-turn, right and left T-stop Lunge Two-foot spin into one-foot spin (min 2 revs on 1 foot)

Compete USA Showcase Events

Format: Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted. 6.0 Majority Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

Showcase categories will include:

- **Dramatic entertainment:** Showcase program utilizing intense emotional skating quality to depict choreographic theme.
- **Light entertainment:** Showcase program emphasizing such choreographic expressive qualities such as comedy, love, and mime while incorporating skating skills.
- **Duets:** Theatrical/artistic performances by any 2 competitors.

General event parameters: Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within thirty seconds of their name being called and after the program ends. A 0.2 deduction will be assessed by the referee against each judge's mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted here:

https://fs12.formsite.com/USFSAIT/images/2020_Showcase_Guidelines.pdf

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Snowplow Sam – Basic 6	Elements only from Snowplow Sam – Basic 6 curriculum	May not have passed any higher than Basic 6 level.	Time: 1:00 max.
Pre-Free Skate - Free Skate 6 & Adult 1-6	3 jump maximum. 1/2 rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 max.

